

2022 NXCCA Cross Country State Rankings Pre-Season

Class C - BOYS

Rank	School	1st Place Votes	Points	District	2021 State Meet
1.	Fort Calhoun			C-2	1
2.	Gothenburg			C-5	5
3.	Arlington			C-2	7
4.	Lincoln Christian			C-1	4
5.	Broken Bow			C-5	6
6.	Douglas County West			C-2	14
7.	Milford			C-1	3
8.	Holdrege			C-4	DNQ
9.	Lincoln Lutheran			C-1	8
10.	Minden			C-4	10

Contenders - Aurora - C4, Malcolm - C1, Chadron - C5, Sidney - C5, Fillmore Central - C4, Wayne - C3, McCook - C5, Hartington - C3

Notes: Fort Calhoun are the defending Champs until somebody unseats them. Gothenburg finished the 2021 season strong and return everyone, Arlington returns the core of a great team, but needs to find some depth. Lincoln Christian is deep and good - as good as any team in the class. Broken Bow returns the core of a very strong team from last season. DC West struggled as state, but are deep and will be a contender. Milford is Milford - you can count on them like Ft. Calhoun each and every year. Holdrege, if they find some depth - they have some quality athletes. Lincoln Lutheran should find themselves towards the top of most meets. Minden will be young, but has the core back from last season.

Class C - GIRLS

Rank	School	1st Place Votes	Points	District	2021 State Meet
1.	Sidney			C-5	1
2.	Douglas County West			C-2	4
2.	McCook			C-5	DNQ - Class B
4.	Chadron			C-5	3
5.	Wayne			C-3	6
6.	Platteview			C-2	10 - Class B
7.	Aurora			C-4	9
8.	Broken Bow			C-5	8
9.	Arlington			C-2	5
10.	Minden			C-4	13

Contenders - Ogallala - C5, Milford - C1, Mitchell - C5, Fort Calhoun - C2, Lincoln Christian - C1

Notes: Sidney girls are the state champions until somebody takes it from them. They lost a few key members to graduation, but they are traditionally deep. DC West had a great season last year and finished in the top 4. They will be gaining some new young athletes deep strengthen the roster along with a new coach. McCook brings back a strong core group and will add some young freshmen that will have an instant impact. Traditionally a strong class B school that will add to the quality of class C. Nobody will benefit more from the freshman class than Chadron. They finished the season in 7th and most likely are under rated. Wayne has a very strong three and with some depth can be a top 5 team. Platteview finished the 2021 season 10th in class B and should be a top 10 team in class C. Aurora finished in 9th last season, but will bring up some quality

freshman to an already solid core, probably under rated. Broken Bow has a very strong 2021 season finished in 8th and will be a top 10 team. Arlington returns the individual champion and if they find some depth will be another strong top 10 team. Minden returns entire squad, ran without top athlete at districts and state last season who was 4th in 2020. Getting to the state meet will be the key for teams coming out of C5.

NOTES: The Nebraska Cross Country Coaches Association (NXCCA) will be compiling state rankings based off of a coaches rankings on the following dates:

- 1st Ranking due noon (Sunday Sept. 4th. After 2nd week's results) I will try to send results the next day.
- 2nd Ranking due noon (Sunday Sept. 18th. After 4th Weeks results)
- 3rd Ranking due noon (Tuesday Sept 27th - Right After UNK invite)
- 4th Ranking due noon (Sunday Oct. 9th - After Conference Meet results)
- Last Ranking due noon (Friday Oct. 14th right after District Meet Results).
- Final rankings are the state meet results.

. Any questions or concerns regarding this Class C poll can be directed to Shawn Wheelock at shawn.wheelock@mindenwhippets.org