

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****Girls 100 Meter Dash**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 McIntyre, Taylor	Central Valley	13.23	13.04q	4
2 Oakley, Katlyn	Central Valley	14.00	13.09q	2
3 Peters, Macie	Wood River	13.48	13.40q	3
4 Gonzalo, Laia	Kenesaw	13.64	13.48q	2
5 Nyanok, Kiki	Heartland Luth	13.65	13.53q	1
6 Karr, Makenna	Silver Lake	14.25	13.64q	2
7 Schmidt, Sophie	Silver Lake	14.04	13.67q	3
8 Brabec, Sage	Wood River	14.59	13.84q	3
9 Zarraga, Dayrin	Wood River	14.09	14.05	4
10 Williams, Josie	Fullerton	14.50	14.16	2
11 Hunt, Denise	Elm Creek	13.99	14.20	1
12 Crouse, Addi	Fullerton	14.65	14.32	4
13 Unger, Allison	Pleasanton	14.69	14.43	4
14 Cargill, Kendra	Central Valley	14.39	14.50	1
15 Burr, Addison	Shelton	14.10	14.58	4
16 Soucek, Katy	Silver Lake	14.40	14.72	1
17 Long, Ellie	Kenesaw	14.72	14.78	3
18 Gutzwiller, Rylee	Elm Creek	14.90	14.80	2
19 Fesuluai, Harley	Heartland Luth	15.00	14.87	1
20 Gomez, Alia	Shelton	14.10	15.27	3
21 Usasz, Aryana	Elba	15.43	15.35	2
22 Romano, Rachel	Elm Creek	16.43	15.65	3
23 Paul, Carlota	Shelton	15.99	15.75	4
24 Sagra-Mateo, Amanda	Elba	15.85	15.79	3
-- Randall, Lilly	Kenesaw	15.17	FS	1

Girls 100 Meter Dash

Name	Year School	Prelims	Finals	Points
Finals				
1 McIntyre, Taylor	Central Valley	13.04	13.07	10
2 Peters, Macie	Wood River	13.40	13.16	8
3 Oakley, Katlyn	Central Valley	13.09	13.20	6
4 Nyanok, Kiki	Heartland Luth	13.53	13.50	4
5 Karr, Makenna	Silver Lake	13.64	13.55	2
6 Gonzalo, Laia	Kenesaw	13.48	13.60	1
7 Schmidt, Sophie	Silver Lake	13.67	13.71	
8 Brabec, Sage	Wood River	13.84	13.89	

Girls 200 Meter Dash

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 McIntyre, Taylor	Central Valley	27.19	27.46q	3
2 Oakley, Katlyn	Central Valley	28.00	27.53q	1
3 Schmidt, Sophie	Silver Lake	28.84	28.31q	3
4 Peters, Macie	Wood River	27.38	28.47q	2
5 Gonzalo, Laia	Kenesaw	28.71	28.96q	2
6 Bauer, Ashley	Elm Creek	28.44	29.22q	1
7 Hunt, Denise	Elm Creek	29.10	29.37q	3

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Girls 200 Meter Dash**

8	Zarraga, Dayrin	Wood River	29.92	29.81q	1
9	Sekutera, Tyra	Pleasanton	30.43	30.11	3
10	Corman, Emma	Central Valley	30.10	30.15	1
11	Williams, Josie	Fullerton	30.15	30.52	2
12	Crouse, Addi	Fullerton	30.50	30.53	3
13	Gutzwiller, Rylee	Elm Creek	30.66	30.87	1
14	Unger, Allison	Pleasanton	31.30	31.03	3
15	Butler, Sophie	Silver Lake	29.30	31.33	2
16	Wendt, Brecken	Pleasanton	30.77	31.89	1
17	Ciernoczolowski, Madyson	Kenesaw	31.50	32.16	3
18	Schofield, Jaiden	Wood River	33.00	32.17	1
19	Parr, Macy	Silver Lake	32.79	32.21	2
20	Fesuluai, Harley	Heartland Luth	31.00	32.64	2
21	Usasz, Marissa	Elba	30.64	32.91	2
22	Sierks, Raina	Fullerton	34.27	35.46	2

Girls 200 Meter Dash

Name	Year School	Prelims	Finals	Points
Finals				
1	Peters, Macie	Wood River	28.47	26.89 10
2	Oakley, Katlyn	Central Valley	27.53	27.24 8
3	McIntyre, Taylor	Central Valley	27.46	27.26 6
4	Schmidt, Sophie	Silver Lake	28.31	28.32 4
5	Bauer, Ashley	Elm Creek	29.22	28.60 2
6	Zarraga, Dayrin	Wood River	29.81	28.84 1
7	Gonzalo, Laia	Kenesaw	28.96	29.03
8	Hunt, Denise	Elm Creek	29.37	29.25

Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1	Gegg, Erin	Shelton	1:03.37	1:03.40	3 10
2	Johnson, Alexis	Central Valley	1:04.34	1:06.42	3 8
3	Rasmussen, Natalie	Pleasanton	1:06.00	1:07.78	3 6
4	Quintana, Serenity	Elm Creek	1:07.00	1:09.90	3 4
5	Phillips, Cassidy	Pleasanton	1:14.36	1:10.61	2 2
6	Branson, Jalyn	Shelton	1:10.65	1:12.04	3 1
7	Loefelholz, Sarah	Pleasanton	1:14.16	1:12.36	3
8	Tool, Aspen	Elm Creek	1:12.00	1:13.49	3
9	Erickson, Ryann	Elm Creek	1:20.06	1:14.24	1
10	Lowe, Parker	Wood River	1:15.95	1:14.55	2
11	Sierks, Raina	Fullerton	1:20.00	1:17.73	2
12	Weddle, Aryan	Elba	1:18.76	1:17.83	2
13	Koch, Ema	Heartland Luth	1:17.00	1:18.18	2
14	Leth, Emalee	Central Valley	1:45.00	1:19.52	1
15	Maxfield, Jaci	Fullerton	1:18.45	1:19.54	2
16	Sagra-Mateo, Amanda	Elba	1:18.40	1:20.88	2
17	Stafford, Caitlyn	Wood River	1:33.92	1:28.23	1
18	Bartels, Karah	Silver Lake	1:40.00	1:36.25	1
--	Kennedy, Kamille	Kenesaw	1:15.08	DNF	2

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****Girls 800 Meter Run**

Name	Year School	Seed	Finals	Points
1 Maxfield, Julianna	Fullerton	2:33.05	2:32.62	10
2 Shepard, Piper	Central Valley	2:39.00	2:38.00	8
3 Quintana, Serenity	Elm Creek	2:38.00	2:45.74	6
4 Guerrero, Ruby	Wood River	2:47.18	2:49.17	4
5 Gegg, Erin	Shelton	2:53.00	2:51.52	2
6 Paitz, Cassidee	Pleasanton	2:54.00	2:54.65	1
7 Maxfield, Jaci	Fullerton	3:01.33	2:59.43	
8 Palser, Jaelyn	Wood River	2:55.18	3:01.88	
9 Koch, Ema	Heartland Luth	2:50.00	3:02.72	
10 Butler, Milla	Silver Lake	3:08.61	3:03.17	
11 Carlton, Ashley	Elm Creek	3:10.28	3:05.20	
12 Dinkler, Morgan	Silver Lake	3:05.90	3:06.15	
13 Butler, Sophie	Silver Lake	3:04.19	3:06.30	
14 Riessland, Kailin	Pleasanton	3:10.00	3:23.56	
15 Erickson, Ryann	Elm Creek	3:21.50	3:30.21	
-- Burr, Lily	Kenesaw	2:58.12	DNF	

Girls 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Maxfield, Julianna	Fullerton	5:48.71	6:04.15	10
2 Gugelman, Cicely	Elm Creek	6:49.31	6:16.53	8
3 Guerrero, Ruby	Wood River	6:26.33	6:35.78	6
4 Palser, Jaelyn	Wood River	7:06.05	6:48.95	4
5 Meza, Mayte	Shelton	6:53.89	6:54.97	2
6 Butler, Milla	Silver Lake	7:00.18	6:58.83	1
7 Supik, Morgan	Fullerton	6:52.59	7:02.08	
8 Sullivan, Ayva	Elm Creek	7:23.09	7:07.45	
9 Cowett, Trinity	Elm Creek	7:20.00	7:20.95	
10 Kroos, McKinnley	Kenesaw	6:36.81	7:22.42	
11 Summers, Skyler	Shelton	7:18.68	7:29.36	
12 Belz, Piper	Kenesaw	7:12.74	7:48.32	
-- Meyer, Hannah	Heartland Luth	7:30.00	DNF	

Girls 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Gugelman, Cicely	Elm Creek	14:22.89	13:44.71	10
2 Guerrero, Ruby	Wood River	13:55.00	14:12.62	8
3 Supik, Morgan	Fullerton	14:26.25	14:56.22	6
4 Robinson, Makayla	Fullerton	14:38.01	14:59.13	4
5 Meza, Mayte	Shelton	14:59.00	15:08.63	2
6 Dinkler, Morgan	Silver Lake	14:00.00	15:14.91	1
7 Sullivan, Ayva	Elm Creek	15:00.26	15:17.73	
8 Kroos, McKinnley	Kenesaw	14:01.25	15:23.91	
9 Summers, Skyler	Shelton	15:35.15	16:32.40	
10 Cowett, Trinity	Elm Creek	17:14.11	16:53.10	
11 Meyer, Hannah	Heartland Luth	16:32.34	17:25.53	
12 Carman, Callee	Shelton	15:36.02	18:20.22	
13 Ewing, Hayley	Fullerton	17:43.99	18:47.58	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****Girls 100 Meter Hurdles**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Ziemba, Lainie	Fullerton	18.15	17.31q	2
2 Garcia, Vinna	Shelton	17.47	17.73q	2
3 Morgan, Ellie	Wood River	17.96	17.74q	1
4 tenBensel, Georgi	Silver Lake	18.50	17.74q	2
5 Cheney, Susie	Shelton	18.10	18.23q	1
6 Horn, Paige	Fullerton	19.11	18.90q	1
7 Long, Ellie	Kenesaw	21.50	19.30q	1
8 Robinson, Lexi	Elm Creek	20.43	20.23q	1
9 Chandler, Carly	Pleasanton	20.53	20.31	2
10 Erickson, Alex	Elm Creek	22.14	21.95	1
11 Pope, Justine	Shelton	21.00	22.25	2
12 Holder, Alexa	Shelton	22.80	22.58	2
13 Morris, Kialeigh	Pleasanton	22.38	22.70	2

Girls 100 Meter Hurdles

Name	Year School	Prelims	Finals	Points
Finals				
1 Ziemba, Lainie	Fullerton	17.31	17.32	10
2 Garcia, Vinna	Shelton	17.73	17.38	8
3 Morgan, Ellie	Wood River	17.74	17.42	6
4 Cheney, Susie	Shelton	18.23	17.43	4
5 tenBensel, Georgi	Silver Lake	17.74	18.17	2
6 Horn, Paige	Fullerton	18.90	18.30	1
7 Robinson, Lexi	Elm Creek	20.23	18.83	
8 Long, Ellie	Kenesaw	19.30	20.54	

Girls 300 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Gonsior, Teagan	Fullerton	51.04	49.02	2	10
2 Cheney, Susie	Shelton	51.85	50.84	2	8
3 Knapp, Halle	Elm Creek	51.80	51.67	2	6
4 Garcia, Vinna	Shelton	53.68	53.32	2	4
5 tenBensel, Georgi	Silver Lake	52.00	54.41	2	2
6 Karr, Makenna	Silver Lake	55.00	56.82	2	1
7 Dixon, Cadence	Pleasanton	58.74	57.07	1	
8 Chandler, Carly	Pleasanton	1:01.53	1:00.39	1	
9 Morris, Kialeigh	Pleasanton	1:04.19	1:03.04	1	
10 Erickson, Alex	Elm Creek	1:05.58	1:03.93	1	
11 Pope, Justine	Shelton	1:03.73	1:05.05	1	
12 Holder, Alexa	Shelton	1:05.00	x1:05.91	1	

Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Central Valley 'A'	52.18	51.34	2	10
1) Engel, Taya				
2) Oakley, Katlyn				
3) Johnson, Alexis				
4) McIntyre, Taylor				

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Girls 4x100 Meter Relay**

2 Wood River 'A'	55.19	53.05	2	8
1) Zarraga, Dayrin				
3) Morgan, Ellie				
2) Brabec, Sage				
4) Peters, Macie				
3 Shelton 'A'	55.01	54.48	2	6
1) Garcia, Vinna				
3) Gegg, Erin				
2) Berglund, Emmilly				
4) Cheney, Susie				
4 Silver Lake 'A'	56.29	55.12	2	4
1) Karr, Makenna				
3) tenBensel, Georgi				
2) Soucek, Katy				
4) Schmidt, Sophie				
5 Fullerton 'A'	56.57	56.04	2	2
1) Ziemba, Lainie				
3) Williams, Josie				
2) Horn, Paige				
4) Crouse, Addi				
6 Pleasanton 'A'	57.76	56.28	1	1
1) Unger, Allison				
3) Sekutera, Tyra				
2) Wendt, Brecken				
4) Rasmussen, Natalie				
7 Elm Creek 'A'	56.90	58.37	2	
1) Gutzwiller, Rylee				
3) Robinson, Lexi				
2) Hunt, Denise				
4) Tool, Aspen				
8 Kenesaw 'A'	59.83	59.02	1	
1) Burr, Lily				
3) Long, Ellie				
2) Kennedy, Kamille				
4) Ciemnoczolowski, Madyson				
9 Elba 'A'	1:02.00	1:02.89	1	
1) Lamberson, Mackenzie				
3) Weddle, Aryan				
2) Usasz, Marissa				
4) Wysocki, Jamie				

Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Central Valley 'A'	4:27.65	4:27.02	10
1) Shepard, Piper			
3) Engel, Taya			
2) Oakley, Katlyn			
4) Johnson, Alexis			
2 Elm Creek 'A'	4:29.00	4:30.12	8
1) Bauer, Ashley			
3) Robinson, Lexi			
2) Knapp, Halle			
4) Hunt, Denise			
3 Fullerton 'A'	4:41.72	4:33.04	6
1) Gonsior, Teagan			
3) Crouse, Addi			
2) Ziemba, Lainie			
4) Maxfield, Julianna			
4 Shelton 'A'	4:38.00	4:40.57	4
1) Gegg, Erin			
3) Garcia, Vinna			
2) Branson, Jalyn			
4) Cheney, Susie			
5 Pleasanton 'A'	4:47.84	4:46.51	2
1) Sekutera, Tyra			
3) Paitz, Cassidee			
2) Loefelholz, Sarah			
4) Rasmussen, Natalie			
6 Wood River 'A'	5:00.00	5:19.61	1
1) Gotlob, Elizabeth			
3) Schofield, Jaiden			
2) Lowe, Parker			
4) Noel, Lea			

Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Elm Creek 'A'	11:21.00	10:55.60	10
1) Bauer, Ashley			
3) Gugelman, Cicely			
2) Knapp, Halle			
4) Quintana, Serenity			

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Girls 4x800 Meter Relay**

2 Fullerton 'A'	12:31.00	11:25.60	8
1) Maxfield, Jaci	2) Supik, Morgan		
3) Robinson, Makayla	4) Maxfield, Julianna		
3 Kenesaw 'A'	11:36.43	11:42.40	6
1) Burr, Lily	2) Kroos, McKinnley		
3) Olson, Bentley	4) Schukei, Elise		
4 Silver Lake 'A'	12:20.00	12:00.90	4
1) Butler, Sophie	2) Butler, Milla		
3) Parr, Macy	4) Dinkler, Morgan		
5 Pleasanton 'A'		13:42.20	2

Girls 1600 Sprint Medley

School	Seed	Finals
1 Fullerton 'E'		5:17.44
1) Ewing, Hayley	2) Robinson, Makayla	
3) Pickrel, Ella	4) Ciancio, Grace	
2 Kenesaw 'C'	5:45.00	5:30.87
1) Ciemnoczolowski, Madyson	2) Randall, Lilly	
3) Kennedy, Kamille	4) Belz, Piper	
3 Elm Creek 'B'	5:10.00	5:56.85
1) Erickson, Ryann	2) Carlton, Ashley	
3) Gutzwiller, Rylee	4) Hellriegel, Ava	
4 Shelton 'D'	5:55.00	6:06.23
1) Paul, Carlota	2) Tompkin, Kaycee	
3) Carman, Callee	4) Bennett, Kiersten	
5 Elba 'A'	4:50.00	6:21.67
1) Adams, Reagan	2) Sagra-Mateo, Amanda	
3) Kost, Marlene	4) Usasz, Aryana	
6 Central Valley 'F'		6:37.78
1) Holley, Kennady	2) Butcher, Mia	
3) Bonge, Victoria	4) Pedersen, Riley	

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Johnson, Alexis	Central Valley	4-10.00	J4-10.00	10
2 Peters, Macie	Wood River	4-08.00	J4-08.00	8
3 Paitz, Cassidee	Pleasanton	4-09.00	J4-08.00	6
4 Wysocki, Jamie	Elba	4-06.00	J4-06.00	3
4 Horn, Paige	Fullerton	4-04.00	J4-06.00	3
6 Quintana, Serenity	Elm Creek	4-06.00	J4-06.00	1
7 Morgan, Ellie	Wood River	4-06.00	4-04.00	
7 Kelley, Avery	Kenesaw	4-02.00	4-04.00	
9 Dixon, Cadence	Pleasanton	4-04.00	4-02.00	
10 Holder, Alexa	Shelton		4-00.00	
10 Gotlob, Elizabeth	Wood River	4-00.00	4-00.00	
10 Cowett, Trinity	Elm Creek	4-02.00	4-00.00	
10 Pope, Justine	Shelton	4-02.00	4-00.00	
-- Chandler, Carly	Pleasanton		NH	
-- Burr, Lily	Kenesaw	4-00.00	NH	
-- Wadas, Callie	Central Valley	4-06.00	NH	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****Girls Pole Vault**

Name	Year School	Seed	Finals	Points
1 Engel, Taya	Central Valley	8-06.00	9-09.00	10
2 Morgan, Ellie	Wood River	8-06.00	8-00.00	7
2 Lamberson, Mackenzie	Elba	8-00.00	8-00.00	7
4 Brabec, Sage	Wood River	7-06.00	7-06.00	4
5 Philmalee, Sara	Wood River	7-00.00	7-00.00	2
6 Leth, Emalee	Central Valley	6-06.00	6-06.00	0.33
6 Holder, Alexa	Shelton	6-00.00	6-06.00	0.33
6 Supik, Morgan	Fullerton	7-00.00	6-06.00	0.33
7 Weddle, Aryan	Elba	5-06.00	J6-06.00	
10 Erickson, Alex	Elm Creek	6-06.00	6-00.00	
11 Kost, Marlene	Elba	5-06.00	5-06.00	
-- Ciemnoczolowski, Madyson	Kenesaw	6-00.00	NH	
-- Gonzalo, Laia	Kenesaw	6-00.00	DQ	

Girls Long Jump

Name	Year School	Seed	Finals	H#	Points
1 Gonsior, Teagan	Fullerton	17-03.50	17-00.50	3	10
2 Nyanok, Kiki	Heartland Luth	16-00.00	16-03.00	3	8
3 Schmidt, Sophie	Silver Lake	15-05.00	15-05.75	3	6
4 Bauer, Ashley	Elm Creek	15-00.50	15-00.50	3	4
5 Tool, Aspen	Elm Creek	15-03.00	15-00.00	3	2
6 Karr, Makenna	Silver Lake	14-01.00	14-09.75	3	1
7 Paitz, Cassidee	Pleasanton	14-09.00	14-03.50	3	
8 McIntyre, Taylor	Central Valley	14-07.00	14-02.50	3	
9 Wadas, Callie	Central Valley	12-11.50	14-01.00	2	
10 Tompkin, Kaycee	Shelton	13-08.00	13-06.50	3	
11 Robinson, Lexi	Elm Creek	13-01.50	13-03.75	2	
12 Brabec, Sage	Wood River	14-05.50	13-02.00	3	
13 Usasz, Marissa	Elba		12-08.75	1	
14 Schofield, Jaiden	Wood River	12-09.25	12-05.25	2	
15 Lowe, Parker	Wood River	13-06.00	12-04.00	2	
16 Loefelholz, Sarah	Pleasanton	13-00.50	12-03.50	2	
17 Sierks, Raina	Fullerton	12-06.00	12-02.25	2	
18 Corman, Emma	Central Valley	14-00.00	12-00.50	3	
19 Usasz, Aryana	Elba	12-03.00	11-09.50	1	
20 Kennedy, Kamille	Kenesaw	13-03.00	11-08.25	2	
21 Long, Ellie	Kenesaw	13-01.00	11-03.75	2	

Girls Triple Jump

Name	Year School	Seed	Finals	H#	Points
1 Gonsior, Teagan	Fullerton	35-03.00	34-04.00	2	10
2 Tool, Aspen	Elm Creek	34-06.00	32-10.50	2	8
3 Knapp, Halle	Elm Creek	32-09.50	32-01.00	2	6
4 Gonzalo, Laia	Kenesaw	32-05.50	31-03.00	2	4
5 Sekutera, Tyra	Pleasanton	29-00.75	30-09.00	1	2
6 Wadas, Callie	Central Valley	30-01.75	30-02.00	2	1
7 Weaver, Hanna	Heartland Luth	31-00.00	29-09.00	2	
8 Wysocki, Jamie	Elba	29-10.50	29-05.75	2	
9 Branson, Jalyn	Shelton	29-03.00	28-08.50	1	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Girls Triple Jump**

9	Lowe, Parker	Wood River	29-07.00	28-08.50	2
11	Philmalee, Sara	Wood River	28-11.00	28-08.00	1
12	Corman, Emma	Central Valley	31-01.50	28-06.00	2
13	Carlton, Ashley	Elm Creek	28-09.00	27-11.25	1
14	Randall, Lilly	Kenesaw	29-00.25	26-06.00	1
15	Weddle, Aryan	Elba	26-06.00	24-10.50	1

Girls Shot Put

Name	Year School	Seed	Finals	H#	Points
1	Dimmitt, Courtney	Wood River	33-02.75	36-05.25	1 10
2	Schroeder, Jayda	Elm Creek	35-00.00	35-09.00	1 8
3	Berglund, Emmilly	Shelton	38-06.50	34-11.00	1 6
4	Willis, MaKenna	Shelton	35-10.00	34-03.50	1 4
5	Meier, Lani	Elm Creek	34-00.00	32-04.50	1 2
6	Strampher, Katelyn	Silver Lake	27-00.00	32-02.00	2 1
7	Young, Hannah	Central Valley	30-03.50	30-08.50	1
8	Soucek, Katy	Silver Lake	33-04.00	30-00.50	1
9	Willis, Macy	Shelton	31-09.50	29-11.00	1
10	Ciancio, Grace	Fullerton	30-07.00	29-10.00	1
11	Frear, Sidney	Wood River	32-01.50	29-01.00	1
12	Pankoke, McKenna	Silver Lake	29-02.00	28-08.00	1
13	Holley, Kennady	Central Valley	28-00.00	27-11.00	2
14	Coe, McKenzie	Fullerton	29-01.00	27-03.75	2
15	Hellriegel, Ava	Elm Creek	27-00.00	26-10.00	2
16	Faircloth, Cherish	Wood River	25-04.50	26-06.50	2
17	Butcher, Mia	Central Valley	28-03.00	26-03.25	2
18	Kaczor, Ayva	Heartland Luth	22-00.00	25-03.00	3
19	Katzberg, Ashlyn	Kenesaw	22-07.50	25-00.75	2
20	Lemburg, Taylor	Heartland Luth	22-10.00	25-00.00	2
21	Johnson, Allie	Wood River	24-06.00	x24-10.75	2
22	Pickrel, Ella	Fullerton	26-02.00	24-02.00	2
23	Usasz, Marissa	Elba	21-10.50	23-04.00	3
24	Uden, Jorja	Kenesaw	22-06.50	23-03.00	3
25	Ahrens, Claire	Pleasanton	22-02.25	22-03.50	3
26	Wendt, Brecken	Pleasanton	21-00.25	22-02.50	3
27	Rhoades, Emary	Heartland Luth	23-00.00	22-01.75	2
28	Adams, Brooke	Heartland Luth	19-00.00	x19-04.50	3

Girls Discus Throw

Name	Year School	Seed	Finals	H#	Points
1	Berglund, Emmilly	Shelton	132-00	120-05	1 10
2	Schroeder, Jayda	Elm Creek	116-03	107-00	1 8
3	Strampher, Katelyn	Silver Lake	98-04	97-08.50	1 6
4	Dimmitt, Courtney	Wood River	87-05.50	95-10.75	1 4
5	Soucek, Katy	Silver Lake	79-05	94-07.50	2 2
6	Frear, Sarah	Wood River	77-06	86-00.75	2 1
7	Willis, Macy	Shelton	95-05	86-00	1
8	Young, Hannah	Central Valley	80-10	85-06	2
9	Willis, MaKenna	Shelton	88-06	85-01.25	1
10	Pankoke, McKenna	Silver Lake	73-02	82-11.25	2
11	Coe, McKenzie	Fullerton	92-03	82-00	1

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Girls Discus Throw**

12 Rhoades, Emary	Heartland Luth	85-04.50	80-01	1
13 Meier, Lani	Elm Creek	87-04	77-06.75	1
14 Ciancio, Grace	Fullerton	85-00	76-02	1
15 Frear, Sidney	Wood River	81-05	75-04	1
16 Johnson, Allie	Wood River	70-00	x71-01	2
17 Butcher, Mia	Central Valley	75-04	69-08.50	2
18 Kaczor, Ayva	Heartland Luth	65-00	68-10.50	2
19 Ahrens, Claire	Pleasanton	58-09	66-07	3
20 Lemburg, Taylor	Heartland Luth	70-00	65-11	2
21 Adams, Brooke	Heartland Luth	50-01	x65-07	3
22 Storjhan, Kaitlyn	Elm Creek	62-03	65-06.50	2
23 Kroos, McKinnley	Kenesaw	59-01.25	62-08	3
24 Adams, Reagan	Elba	64-09	58-10	2
25 Cargill, Kendra	Central Valley	60-08	58-07	3
26 Uden, Jorja	Kenesaw	58-02.25	56-11	3
27 Pickrel, Ella	Fullerton	60-08	55-01.25	3
-- Ramussen, Klaira	Elba	57-05	ND	3

Boys 100 Meter Dash

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Dubas, Fletcher	Fullerton	11.76	11.72q	4
2 Wolf, Zandar	Central Valley	12.15	11.88q	4
3 Norman, Aiden	Fullerton	12.08	11.92q	3
4 Wolf, Zaden	Central Valley	11.82	12.05q	2
5 Harbur, Drew	Elm Creek	11.80	12.11q	3
6 Landers, Tanner	Central Valley	12.01	12.14q	1
7 Almquist, Aiden	Heartland Luth	12.20	12.20q	4
8 Karr, Keaton	Silver Lake	12.80	12.24q	4
9 Rohrich, Beau	Wood River	12.50	12.25	1
10 Rodriguez, Victor	Wood River	12.07	12.44	2
11 Edgren, Ikaiah	Wood River	12.22	12.49	3
12 Donohue, Cody	Elba	13.23	12.50	1
13 Quintana, Isaiah	Elm Creek	12.72	12.68	3
14 Hollingsworth, Austin	Pleasanton	12.66	12.69	1
15 Peterson, Ian	Kenesaw	12.90	12.86	3
16 Voichahoske, Max	Fullerton	12.70	12.97	2
17 Kingston, Ryelan	Pleasanton	12.46	12.99	2
18 Keene, Brendon	Elba	13.23	13.08	2
19 Stark, Gavin	Pleasanton	12.77	13.08	4
20 Heuertz, Easton	Silver Lake	13.48	13.28	4
21 Pierson, Brennon	Shelton	13.32	13.35	3
22 Milam, Kayn	Kenesaw	13.84	13.87	4
23 Trampe, Garret	Elm Creek	14.00	14.08	3
24 Conway, Casey	Silver Lake	14.38	14.10	2
25 Bourbon, Simon	Shelton	13.23	14.41	1
26 Kohmetscher, Miles	Kenesaw	15.16	15.43	1
-- Bombeck, Riley	Shelton	11.85	FS	1

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****Boys 100 Meter Dash**

Name	Year School	Prelims	Finals	Points
Finals				
1 Dubas, Fletcher	Fullerton	11.72	11.59	10
2 Norman, Aiden	Fullerton	11.92	11.61	8
3 Wolf, Zaden	Central Valley	12.05	11.62	6
4 Harbur, Drew	Elm Creek	12.11	11.81	4
5 Wolf, Zandar	Central Valley	11.88	12.02	2
6 Karr, Keaton	Silver Lake	12.24	12.13	1
7 Almquist, Aiden	Heartland Luth	12.20	12.20	
8 Landers, Tanner	Central Valley	12.14	14.71	

Boys 200 Meter Dash

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Paulk, Caleb	Wood River	23.46	23.75q	4
2 Dubas, Fletcher	Fullerton	24.08	23.97q	1
3 Rodriquez, Victor	Wood River	24.41	24.07q	1
4 Harbur, Drew	Elm Creek	23.70	24.39q	3
5 Knapp, Beau	Elm Creek	23.81	24.45q	2
6 Edgren, Ikaiah	Wood River	24.61	24.80q	2
7 Karr, Keaton	Silver Lake	26.00	24.82q	2
8 Lindner, Brennan	Pleasanton	24.99	25.07q	3
9 Almquist, Aiden	Heartland Luth	25.00	25.31	4
10 Erickson, Carter	Elm Creek	25.20	25.60	4
11 tenBensel, Jaxon	Silver Lake	26.50	25.90	1
12 Meysenburg, Maxton	Fullerton	26.65	26.17	2
13 Hollingsworth, Austin	Pleasanton	26.35	26.33	1
14 Landers, Ty	Central Valley	26.73	26.33	3
15 Dudek, Kenton	Fullerton	25.50	26.77	3
16 Pierson, Brennon	Shelton	26.86	26.82	4
17 Burns, Donovan	Central Valley	26.74	27.18	4
18 Peterson, Ian	Kenesaw	27.80	27.41	3
19 Heuertz, Easton	Silver Lake	28.40	27.71	1
20 Patton, Seth	Elba	28.68	28.49	1
21 Stewart, Will	Shelton	28.39	28.53	2
22 McKoski, Tyler	Elba	30.63	29.12	3
23 Smith, Haden	Pleasanton	29.58	30.04	2
24 Ramussen, Trevon	Elba	33.16	32.89	4
25 Boutin, Connor	Central Valley	41.50	34.81	4

Boys 200 Meter Dash

Name	Year School	Prelims	Finals	Points
Finals				
1 Dubas, Fletcher	Fullerton	23.97	23.45	10
2 Knapp, Beau	Elm Creek	24.45	23.75	8
3 Harbur, Drew	Elm Creek	24.39	23.80	6
4 Rodriquez, Victor	Wood River	24.07	23.91	4
5 Paulk, Caleb	Wood River	23.75	23.96	2
6 Lindner, Brennan	Pleasanton	25.07	24.43	1
7 Edgren, Ikaiah	Wood River	24.80	24.60	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Boys 200 Meter Dash**

8	Karr, Keaton	Silver Lake	24.82	24.89
---	--------------	-------------	-------	-------

Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1	Paulk, Caleb	Wood River	56.59	53.93	3 10
2	Lindner, Brennan	Pleasanton	56.51	53.94	3 8
3	Ryan, Jack	Kenesaw	57.00	54.81	3 6
4	Wolf, Zandar	Central Valley	56.00	55.45	3 4
5	tenBensel, Jaxon	Silver Lake	57.02	58.36	3 2
6	Donohue, Cody	Elba	58.68	1:00.59	3 1
7	Meier, Alex	Elm Creek	1:03.46	1:00.64	2
8	Kingston, Ryelan	Pleasanton	59.96	1:01.12	3
9	Pierce, Josh	Pleasanton	1:00.98	1:01.83	2
10	Zehendner, Colton	Heartland Luth	1:00.00	1:03.33	3
11	Rhoades, Micah	Heartland Luth	1:03.00	1:05.55	2
12	Griffith, James	Elm Creek	1:04.00	1:05.57	2
13	Kohl, Braxton	Elm Creek	1:05.00	1:07.14	2
14	Hagan, Rhet	Shelton	1:09.12	1:07.21	1
15	Studley, Caleb	Central Valley	1:07.00	1:08.12	1
16	Hauser, Javon	Heartland Luth	1:05.00	1:09.23	2
17	Burns, Cayden	Central Valley	1:26.00	1:42.68	1

Boys 800 Meter Run

Name	Year School	Seed	Finals	Points
1	Ryan, Jack	Kenesaw	2:12.03	2:13.25 10
2	Karr, Hayden	Silver Lake	2:12.00	2:14.70 8
3	Horn, Justin	Fullerton	2:26.00	2:20.85 6
4	Wood, Boston	Central Valley	2:17.00	2:22.10 4
5	Zehendner, Colton	Heartland Luth	2:25.00	2:23.27 2
6	Norman, Aiden	Fullerton	2:18.00	2:24.56 1
7	Hellerich, Xavier	Shelton	2:20.38	2:25.26
8	Johnson, Christian	Wood River	2:30.00	2:26.10
9	Uden, Chase	Kenesaw	2:27.68	2:27.03
10	Nekoliczak, Dierks	Central Valley	2:25.00	2:27.10
11	Ohlman, Jaxson	Shelton	2:22.00	2:31.89
12	Carstens, Copeland	Pleasanton	2:31.23	2:32.76
13	Donohue, Cody	Elba	2:30.73	2:35.19
14	Wood, Talan	Central Valley	2:40.00	2:38.89
15	Mack, Austin	Kenesaw	2:50.46	2:45.33

Boys 1600 Meter Run

Name	Year School	Seed	Finals	Points
1	Lobeda, Adrian	Wood River	5:10.00	5:12.43 10
2	Horn, Justin	Fullerton	5:23.34	5:21.06 8
3	Karr, Hayden	Silver Lake	5:21.00	5:27.03 6
4	Watkins, Trent	Elm Creek	5:40.04	5:31.30 4
5	Wiehn, Justin	Shelton	5:37.75	5:35.58 2
6	Kuskie, Preston	Wood River	5:25.00	5:39.05 1
7	Wood, Talan	Central Valley	6:00.42	5:50.37

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Boys 1600 Meter Run**

8	Coutts, Brayden	Kenesaw	5:38.36	5:54.03
9	Thober, Harper	Shelton	5:33.94	6:01.15
10	Kroos, Bridger	Kenesaw	6:06.36	6:30.09
11	Parr, Jayden	Silver Lake	6:31.50	7:08.44

Boys 3200 Meter Run

Name	Year School	Seed	Finals	Points	
1	Lobeda, Adrian	Wood River	10:45.00	11:37.95	10
2	Wood, Boston	Central Valley	11:25.00	11:51.44	8
3	Kuskie, Preston	Wood River	11:28.47	11:56.22	6
4	Purdy, Silas	Kenesaw	11:36.67	12:17.17	4
5	Watkins, Trent	Elm Creek	11:45.00	12:29.77	2
6	Coutts, Brayden	Kenesaw	12:02.00	13:07.01	1
7	Kroos, Bridger	Kenesaw	12:14.00	13:48.18	
8	Goldfish, Matthew	Shelton	12:26.61	14:15.27	
9	Parr, Jayden	Silver Lake	13:09.90	14:24.94	

Boys 110 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1	Uden, Randyn	Kenesaw	17.26q	1
2	Gilliland, Kyson	Shelton	18.91q	1
3	Zwiener, Gavin	Pleasanton	18.92q	1
4	Hodges, Lucas	Elm Creek	19.03q	2
5	Patton, Roe	Fullerton	19.30q	2
6	Jensen, Taylor	Central Valley	19.31q	2
7	Uden, Sam	Kenesaw	19.54q	1
8	Brabec, Madden	Wood River	19.79q	1
9	Brumels, Nikk	Elm Creek	20.50	1
10	Kenning, Kolton	Elm Creek	21.40	2
11	Wolf, Zavyer	Central Valley	21.50	2
12	Green, Jaycek	Fullerton	22.30	2

Boys 110 Meter Hurdles

Name	Year School	Prelims	Finals	Points
Finals				
1	Uden, Randyn	Kenesaw	16.91	10
2	Uden, Sam	Kenesaw	18.10	8
3	Gilliland, Kyson	Shelton	18.33	6
4	Patton, Roe	Fullerton	18.45	4
5	Zwiener, Gavin	Pleasanton	18.74	2
6	Hodges, Lucas	Elm Creek	18.85	1
7	Jensen, Taylor	Central Valley	19.69	
8	Brabec, Madden	Wood River	19.80	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****Boys 300 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Cheney, Quinn	Shelton	46.47	44.06	2	10
2 Uden, Randyn	Kenesaw	46.86	44.79	2	8
3 Zwiener, Gavin	Pleasanton	47.35	45.68	2	6
4 Patton, Roe	Fullerton	46.33	46.77	2	4
5 Hodges, Lucas	Elm Creek	49.20	47.17	2	2
6 tenBensel, Jaxon	Silver Lake	47.50	48.16	2	1
7 Uden, Sam	Kenesaw	49.67	48.32	1	
8 Wolf, Zavyer	Central Valley	50.01	49.08	1	
9 Brabec, Madden	Wood River	48.61	49.33	2	
10 Jensen, Taylor	Central Valley	49.16	52.93	2	
11 Green, Jaycek	Fullerton	54.25	53.68	1	
12 Gilliland, Kyson	Shelton	51.97	53.91	1	

Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 Fullerton 'A' 1) Patton, Roe 3) Voichahoske, Max	47.10	46.37	10
2 Elm Creek 'A' 1) Erickson, Carter 3) Knapp, Beau	46.30	46.41	8
3 Wood River 'A' 1) Rodriquez, Victor 3) Edgren, Ikaiah	47.31	46.94	6
4 Central Valley 'A' 1) Wolf, Zandar 3) Landers, Ty	46.55	47.11	4
5 Pleasanton 'A' 1) Stark, Gavin 3) Lindner, Brennan	48.23	49.14	2
6 Kenesaw 'A' 1) Uden, Sam 3) Milam, Kayn	51.83	51.15	1
7 Elba 'A' 1) Donohue, Cody 3) McKoski, Tyler	51.39	52.30	

Boys 4x400 Meter Relay

School	Seed	Finals	Points
1 Elm Creek 'A' 1) Erickson, Carter 3) Sindt, Kade	3:47.00	3:43.34	10
2 Central Valley 'A' 1) Wolf, Zaden 3) Landers, Tanner	3:57.00	3:53.02	8
3 Shelton 'A' 1) Bombeck, Riley 3) Cheney, Quinn	3:54.00	3:54.24	6
4 Kenesaw 'A'	3:51.93	3:58.53	4

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Boys 4x400 Meter Relay**

1) Purdy, Silas	2) Ryan, Jack			
3) Uden, Randyn	4) Uden, Chase			
5 Wood River 'A'		4:00.00	4:01.91	2
1) Edgren, Ikaiah	2) Rodriquez, Victor			
3) Lobeda, Adrian	4) Johnson, Christian			
6 Fullerton 'A'		3:52.95	4:03.11	1
1) Horn, Justin	2) Voichahoske, Max			
3) Meysenburg, Maxton	4) Green, Jaycek			
7 Pleasanton 'A'		4:04.60	4:07.80	
1) Zwiener, Gavin	2) Pierce, Josh			
3) Kingston, Ryelan	4) Lindner, Brennan			

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Shelton 'A'	9:50.00	9:48.43	10
1) Hellerich, Xavier	2) Ohlman, Jaxson		
3) Thober, Harper	4) Wiehn, Justin		
2 Kenesaw 'A'	10:09.98	9:53.78	8
1) Coutts, Brayden	2) Kroos, Bridger		
3) Purdy, Silas	4) Uden, Chase		
3 Elm Creek 'A'	10:30.00	10:13.07	6
1) Hubbard, Shay	2) Shoemaker, Jeremiah		
3) Meier, Alex	4) Trampe, Garret		
4 Wood River 'A'	10:48.00	10:34.13	4
1) Martin, Jace	2) Wiese, Brek		
3) Carter, Braden	4) Ammon, Preston		
5 Pleasanton 'A'		10:47.29	2
1) Pierce, Josh	2) Smith, Haden		
3) Carstens, Holten	4) Carstens, Copeland		
6 Central Valley 'A'	9:58.00	10:57.81	1
1) Wolf, Zavyer	2) Cargill, Ky		
3) Studley, Caleb	4) Wood, Talan		

Boys 1600 Sprint Medley

School	Seed	Finals
1 Heartland Luth 'G'		4:19.92
1) Reynolds, Ethan	2) Smith, Vance	
3) Marcello, Vincent	4) Zehendner, Colton	
2 Kenesaw 'C'	4:45.00	4:24.36
1) Milam, Kayn	2) Uden, Sam	
3) Mack, Austin	4) Uden, Chase	
3 Elm Creek 'B'	4:45.00	4:32.59
1) Griffith, James	2) Kohl, Braxton	
3) Meier, Alex	4) Trampe, Garret	
4 Central Valley 'A'	4:30.00	4:38.72
1) Burns, Donovan	2) Luscomb, Tyler	
3) Soto, Taesian	4) Nekoliczak, Dierks	
5 Pleasanton 'H'		4:41.94
1) Carstens, Copeland	2)	
6 Shelton 'D'	4:46.00	4:50.25
1) Pierson, Brennon	2) Gillming, Luke	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Boys 1600 Sprint Medley**

3) Hagan, Rhet	4) Power, Drake	
7 Elba 'F'		5:17.96
1) Donscheske, Quentin	2) Wampler, Chris	
3) Patton, Seth	4) Ramussen, Trevon	

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Myers, Ben	Shelton	6-00.00	J5-10.00	10
2 Soto, Taesian	Central Valley	5-09.00	J5-08.00	8
3 Johnson, Christian	Wood River	5-04.00	J5-06.00	6
4 Lewis, Beckham	Elm Creek	5-04.00	J5-06.00	4
5 Reynolds, Ethan	Heartland Luth	5-06.00	J5-04.00	1.50
5 Wolf, Zaden	Central Valley	5-08.00	J5-04.00	1.50
6 Denkert, Adam	Kenesaw	5-04.00	J5-04.00	
7 Harbur, Drew	Elm Creek	5-08.00	J5-04.00	
9 Rohrich, Beau	Wood River	5-04.00	5-02.00	
10 Studley, Caleb	Central Valley	5-00.00	5-00.00	
10 Shoemaker, Jeremiah	Elm Creek	5-02.00	5-00.00	
10 Martin, Jace	Wood River	4-10.00	5-00.00	
-- Hollingsworth, Austin	Pleasanton	5-00.00	NH	
-- Rostvet, Chad	Heartland Luth	4-10.00	NH	

Boys Pole Vault

Name	Year School	Seed	Finals	Points
1 Patton, Roe	Fullerton	13-00.00	J13-08.00	10
2 Knapp, Beau	Elm Creek	11-06.00	J12-00.00	8
3 Hodges, Lucas	Elm Creek	10-06.00	J12-00.00	6
4 Meysenburg, Maxton	Fullerton	10-00.00	J10-06.00	4
5 Wagner, Alex	Wood River	10-10.00	J10-00.00	2
6 Brabec, Madden	Wood River	9-06.00	J9-00.00	1
7 Kuskie, Preston	Wood River	10-04.00	J9-00.00	
8 Stewart, Will	Shelton	8-06.00	J9-00.00	
9 Landers, Ty	Central Valley	8-06.00	8-06.00	
10 McKoski, Tyler	Elba	9-00.00	8-00.00	
10 Cargill, Ky	Central Valley	8-06.00	8-00.00	
10 Power, Drake	Shelton	7-06.00	8-00.00	
10 Keene, Brendon	Elba	8-00.00	8-00.00	
-- Kenning, Kolton	Elm Creek	8-00.00	NH	

Boys Long Jump

Name	Year School	Seed	Finals	H#	Points
1 Karr, Keaton	Silver Lake	17-00.00	18-07.50	1	10
2 Sindt, Kade	Elm Creek	17-09.00	18-02.50	1	8
3 Soto, Taesian	Central Valley	17-06.50	17-11.50	1	6
4 Denkert, Adam	Kenesaw	18-04.00	17-08.75	1	4
5 Oberg, Quin	Elm Creek	17-09.00	17-06.25	1	2
6 Ohlman, Jaxson	Shelton	16-01.75	17-01.75	2	1
7 Quintana, Isaiah	Elm Creek	17-06.50	16-07.50	1	
8 Cheney, Quinn	Shelton	18-00.00	16-06.75	1	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Boys Long Jump**

9	Keene, Brendon	Elba	16-09.00	16-05.25	1
10	Johnson, Christian	Wood River	16-05.00	16-02.00	2
11	Almquist, Aiden	Heartland Luth	16-10.00	16-01.25	1
12	Carstens, Holten	Pleasanton	14-10.50	15-11.75	2
13	Wiese, Brek	Wood River	14-02.00	15-09.50	3
14	Wolf, Zavyer	Central Valley	16-02.00	15-08.00	2
15	Ammon, Preston	Wood River	16-03.00	15-01.75	2
16	Stark, Gavin	Pleasanton		14-11.50	3
17	Bexten, Darrin	Heartland Luth	13-08.00	14-11.25	3
18	Smith, Vance	Heartland Luth	15-00.00	14-10.00	2
19	Burns, Donovan	Central Valley	15-03.00	14-07.25	2
20	McKoski, Tyler	Elba	14-05.00	14-06.50	2
21	Patton, Seth	Elba	13-04.00	14-00.00	3

Boys Triple Jump

Name	Year School	Seed	Finals	H#	Points	
1	Uden, Randyn	Kenesaw	38-10.00	38-07.00	3	10
2	Oberg, Quin	Elm Creek	40-10.50	37-09.50	3	8
3	Paulk, Caleb	Wood River	38-10.50	37-06.25	3	6
4	Sindt, Kade	Elm Creek	36-00.00	36-08.00	3	4
5	Peterson, Ian	Kenesaw	35-05.00	35-07.50	3	2
6	Soto, Taesian	Central Valley	36-07.75	35-07.00	3	1
7	tenBensel, Jaxon	Silver Lake	37-00.00	35-00.50	3	
8	Reynolds, Ethan	Heartland Luth	36-00.00	35-00.25	3	
9	Kucera, Evan	Pleasanton		34-00.50	1	
10	Wiehn, Justin	Shelton	34-01.25	33-09.50	2	
11	Pierce, Josh	Pleasanton	31-07.25	33-07.00	2	
12	Burns, Donovan	Central Valley	31-01.25	33-06.50	2	
13	Pierson, Brennon	Shelton	33-00.00	33-03.00	2	
14	Brumels, Nikk	Elm Creek	35-00.00	33-02.00	3	
15	Milam, Kayn	Kenesaw	32-07.00	32-09.00	2	
16	Carstens, Copeland	Pleasanton	33-03.00	32-08.50	2	
17	Marcello, Vincent	Heartland Luth	31-00.00	31-04.50	1	
18	Carter, Braden	Wood River	32-01.00	30-05.00	2	
19	Ackles, Chance	Central Valley	29-01.25	29-05.00	1	
20	Gilliland, Kyson	Shelton	28-03.50	28-03.50	1	
--	Brabec, Madden	Wood River	33-09.50	ND	2	

Boys Shot Put

Name	Year School	Seed	Finals	H#	Points	
1	Gomez, Adrian	Silver Lake	44-04.50	43-05.00	1	10
2	Carr, Dylan	Elm Creek	43-00.00	40-09.50	1	8
3	Benson, Kean	Central Valley	39-03.50	40-07.25	1	6
4	Dudek, Kenton	Fullerton	37-06.00	38-05.00	1	4
5	Erickson, Carter	Elm Creek	36-02.50	35-11.50	1	2
6	Zessin, Reagan	Wood River	40-04.00	35-08.00	1	1
7	Hasenauer, Kenan	Pleasanton	37-04.25	35-03.00	1	
8	Hauser, Talor	Heartland Luth	35-00.00	34-11.75	2	
9	Stark, Gavin	Pleasanton	31-01.00	34-09.00	2	
10	Crowell, Landon	Wood River	38-06.50	34-02.25	1	
11	Gillming, Luke	Shelton	34-04.00	33-05.00	2	

2023 Shelton Invitational - 4/13/2023**Shelton High School****Results****....Boys Shot Put**

12	Beaty, Dylan	Central Valley	34-10.00	33-01.50	2
13	Pearson, Colby	Shelton	34-03.00	33-01.00	2
14	Chavez, Keaton	Shelton	35-01.00	33-00.00	1
15	Poland, Kacey	Kenesaw	34-02.00	32-10.50	2
16	Grim, Tristin	Central Valley	37-03.00	31-10.00	1
17	Plambeck, Cody	Silver Lake	31-00.00	30-00.75	2
18	Plambeck, Clay	Silver Lake	30-00.00	29-09.25	2
19	Stewart, Sam	Shelton	34-00.00	x28-08.00	2
20	Demilt, Lane	Shelton	27-00.00	x27-05.00	3
21	Smith, Haden	Pleasanton	27-11.50	27-03.00	3
21	Roe, Kaleb	Kenesaw	27-08.25	27-03.00	3
23	Ramussen, Trevon	Elba	28-06.00	27-00.00	3
24	Rathjen, Ramsey	Heartland Luth	25-05.00	25-09.50	3
25	Kohmetscher, Miles	Kenesaw	27-05.50	24-09.50	3
26	Hohlen, Trevor	Heartland Luth	25-00.00	24-04.00	3
27	Donscheske, Quentin	Elba	19-06.50	19-06.50	3
28	Wampler, Chris	Elba	18-02.00	17-07.50	3
--	Schopke, Brody	Elm Creek	32-07.00	ND	2

Boys Discus Throw

Name	Year	School	Seed	Finals	H#	Points
1	Zessin, Reagan	Wood River	127-04	120-10.50	1	10
2	Carr, Dylan	Elm Creek	99-00	111-10	1	8
3	Hasenauer, Kenan	Pleasanton	99-09	105-06.75	1	6
4	Plambeck, Cody	Silver Lake	99-01	105-05.75	1	4
5	Grim, Tristin	Central Valley	96-05	104-10	2	2
6	Gillming, Luke	Shelton	96-00	101-03.50	2	1
7	Bourbon, Simon	Shelton	96-09	100-03	2	
8	Gomez, Adrian	Silver Lake	112-01	98-05.25	1	
9	Hauser, Talor	Heartland Luth	97-08	98-03.50	1	
10	Benson, Keanan	Central Valley	101-00	97-05	1	
11	Pearson, Colby	Shelton	85-00	95-08	2	
12	Stewart, Sam	Shelton	101-07	x92-05.50	1	
13	Chavez, Keaton	Shelton	105-06	x92-05	1	
14	Kohmetscher, Miles	Kenesaw	60-00	89-10.50	4	
15	Poland, Kacey	Kenesaw	69-05	87-07	3	
16	Norman, Aiden	Fullerton	84-06	86-09	2	
17	Massey, Seth	Central Valley	90-07	84-04.50	2	
18	Dubas, Fletcher	Fullerton	75-00	84-01	3	
19	Crowell, Landon	Wood River	83-01	80-04	3	
20	Plambeck, Clay	Silver Lake	81-07	80-01.50	3	
21	Packer, Noah	Wood River	83-10	79-08.50	2	
22	Demilt, Lane	Shelton	70-00	x72-00.75	3	
23	Zwiener, Gage	Pleasanton	72-04.50	70-09.25	3	
24	Smith, Haden	Pleasanton	66-10	60-00.75	3	
25	Rostvet, Chad	Heartland Luth	66-00	58-11.25	4	
26	Ramussen, Trevon	Elba	66-10	56-06	4	
27	Hohlen, Trevor	Heartland Luth	57-00	52-04	4	
28	Wampler, Chris	Elba	48-08	45-06	4	
29	Donscheske, Quentin	Elba	42-11	43-02	4	
--	Dudek, Kenton	Fullerton	87-06	ND	2	